## Coronavirus (COVID-19)

## **PUBLIC HEALTH ADVICE**



## **SYMPTOMS** INCLUDE:



Fever above 38 degrees Celsius Chills



A new cough, or worsening chronic cough



Difficulty breathing



Runny nose



Sore throat



Headache



A new onset of fatigue



A new onset of muscle pain



Diarrhea Vomiting



Loss of sense of taste



Loss of sense of smell



In children, purple markings on the fingers and toes







Have you been out of province or country in the last 14 days?

## Coronavirus (COVID-19) PUBLIC HEALTH ADVICE







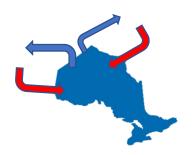
Wear a mask to reduce the transmission of respiratory illnesses, including COVID-19



Social distance



Wash hands often with soap or hand sanitizer & Clean surfaces properly



Isolate for 14 days, after returning from outside this province or country.



Stay home if you are sick



Avoid contact with sick person



Avoid touching eyes, nose, mouth with hands



Elbow cough/sneeze